

Date: _____

Principles of Christian Growth

Section One: The Nature of Christian Growth – What is it?

Lesson Three: Freedom from sin helps us grow.

Bible Reading: Romans 6:1-23, Titus 2:11-15

Paul uses the content of chapter six of Romans to answer an important question: “Are we to continue in sin so that grace may increase?” (6:1). The idea is a simple one – since we are saved by grace instead of works (Rom. 4:4-5), and since grace super-abounds where sin abounds (Rom. 5:20), why not sin all the more? The answer to that question is simple: freedom from sin helps us grow.

Discussion questions:

1. Paul states that we should not continue in sin because we are dead to sin (v. 2). Our death to sin was accomplished by Christ’s death on the cross (vv. 3-7). What is the end result of our sharing in the death of Christ and dying to sin in this way (vv. 6b-7; 18-22)?
2. In what sense is our old man crucified with Christ and our body of sin destroyed (v. 6)? Does it mean that we are incapable of sinning? What does it mean?
3. How should the truth that we are dead to sin and alive to God through Christ affect the way we live in relation to sin (vv. 11-14)?
4. Verse 23 is a well-known verse that speaks of a precious possession of every believer – eternal life. How is eternal life obtained? Once obtained, what is also true about that eternal life according to verse 4?